



12820 North Tamiami Trail in LYNWOOD SQUARE - 941-598-2480

## SANDWICHES

Choice of Kaiser roll, sourdough, white, wheat or marbled rye. Atkins white & wheat available.  
Choice of dill peppercorn potato salad, fresh fruit, seasoned fries, sweet potato fries, or our house made potato chips.  
Cheddar fries extra.

### CHICKEN SALAD

Our great chicken salad made with all white meat chicken, grapes, pecans, celery and special spices.

### TRADITIONAL CLUB

Roasted turkey breast, sugar cured hickory smoked bacon, lettuce and tomato on toasted wheat.

### CHICKEN SALAD CLUB

Same as our traditional club but with chicken salad instead of turkey.

### ALBACORE TUNA SALAD

Our tuna salad is made daily from Albacore tuna with celery, scallions and special spices.

### RUEBEN

Thin sliced corned beef, sauerkraut, Swiss cheese, Russian dressing on grilled marbled rye bread.

### MONTE CRISTO

Thin slices of ham, turkey and Swiss cheese on sourdough bread, dipped in our French toast custard batter and grilled golden brown

## LOX AND BAGEL PLATE

Slices of nova lox, red onions, tomatoes, capers, cream cheese served with a toasted bagel and lemon wedge on a bed of lettuce.

## TRAIL SALADS

### MANDARIN CASHEW SALAD

Romaine hearts and mixed baby lettuces with Mandarin oranges, cashews, artichoke hearts, Gorgonzola cheese and paper tin red onions. Asian sesame ginger dressing

**Grilled chicken additional**

### TRAIL SPINACH SALAD

Grilled Duck breast on a bed of spinach with paper-thin red onions, roasted pine nuts, dried cranberries, gorgonzola cheese, warm balsamic vinaigrette dressing

### GREEK ISLE SALAD

Greek hard salami, tomatoes, red onions, cucumbers  
Calamata olives, pepperoncini peppers, imported Greek feta on  
Mixed baby field greens, classic Greek vinaigrette dressing

**Grilled chicken additional**

### KEY WEST MARGARITA CHICKEN SALAD

Grilled margarita chicken breast over mixed baby field greens,  
avocado, Florida ruby red grapefruit sections, red onions, gorgonzola  
cheese & cashews, key lime ginger dressing

## TRAIL SIDES

Potato Salad, Cottage Cheese,  
Fresh Fruit, Garden Salad, Small Caesar

## TRAIL CANTEEN

Our coffee is our own blend of #1 Arabica beans, roasted just before it is delivered to us and ground here in the café. The Trail blend is available for purchase as whole beans or ground

**Decaffeinated is also available**

Fresh Ground Columbian Coffee, Assorted English Hot Teas,  
Freshly Brewed Iced Tea, Soft Drinks, Bottled Water (Sparkling and Still)  
Chocolate or Plain Milk, Hot Chocolate

## DESSERTS

All our desserts are made fresh daily.

Peach Melba Cobbler with Vanilla Bean Ice Cream, Scottish Strawberry Short Cake, Double Dutch Chocolate Hot Fudge Sundae

**Splitting a plate is additional but includes an extra side order. 18% gratuity on parties of 6 or more  
If you like our food tell your friends. If you don't, come back you will get used to it.**