



12820 North Tamiami Trail

239-598-2480

WINE AND BEER AVAILABLE

TRAIL SALADS

TRAIL SPINACH SALAD

Roasted duck on a bed of spinach with paper thin red onions, roasted pine nuts, dried cranberries, Gorgonzola cheese, and artichoke hearts. Balsamic vinaigrette.

CALIFORNIA CHOPPED SALAD

Baby arugula, radicchio, mizuna, frisia, chard, spinach, romaine and other baby lettuces, tomatoes, red onions, Portobello mushrooms, artichoke hearts and Gorgonzola cheese. Balsamic vinaigrette dressing.

Add grilled chicken, extra

MANDARIN CASHEW SALAD

Romaine hearts and mixed baby lettuces with Mandarin oranges, cashews, artichoke hearts, Gorgonzola cheese and paper thin red onions. Asian sesame ginger dressing.

Add grilled chicken, extra

CLASSIC CAESAR

Hearts of romaine, Parmigiano reggiano cheese, anchovies, herbed croutons, and our own Caesar dressing.

Add Blackened Chicken or Salmon, extra

GREEK ISLES SALAD

Greek hard salami, tomatoes, red onions, cucumbers, calamata olives, pepperoncini peppers, imported Greek feta with the same baby lettuces as the California salad, classic Greek vinaigrette.

Add grilled chicken, extra

TRAIL FRUIT SALAD

Seasonal assorted fresh fruit served with cottage cheese or mango sorbet and a slice of our homemade apricot-orange- pecan bread.

TRAIL SOUPS

Cup or Bowl TRAIL CAFE CHILI CHICKEN NOODLE SOUP DU JOUR

SOUP AND SANDWICH

Cup of chicken noodle soup and your choice of half a chicken or tuna salad sandwich on choice of bread.

TRAIL PASTAS

GARDEN SHRIMP PASTA

Shrimp, broccoli, red peppers, water chestnuts, baby corn, snow peas and Portobello mushrooms served over penne with a garlic and white wine beurre blanc sauce.

CHICKEN PESTO PASTA

Grilled chicken, sun dried tomatoes, garlic, basil, roasted pine nuts served over penne pasta with a creamy pesto sauce.

SANTA FE TRAIL PASTA

Grilled chicken, scallions, red peppers, corn, black olives, artichoke hearts, tomatoes served over penne pasta with an adobo monchageo creamy cheese sauce.

SALMON PORTOBELLO PASTA

Herbed grilled salmon, sun dried tomatoes, Portobello mushrooms, scallions, artichoke hearts, and red peppers served over penne pasta with creamy Parmesan sauce.

OTHER ENTREES

MOM'S MEATLOAF

Always a favorite, the best meatloaf ever served with garlic mashed potatoes and Italian green beans.

GRILLED HERBED SALMON

Fresh salmon filet coated with a special mixture of herbs de Provence, grilled and served with herbed rice and vegetables.

CATCH OF THE DAY

Catch of the day fillet dusted with pistachio flour and grilled, served with mango pineapple salsa, rice and vegetables.

FISH AND CHIPS

Our special battered and deep-fried pieces of fish served with seasoned fries and coleslaw.

LOX & BAGEL PLATE

Slices of lox, red onions, Florida tomatoes, capers Cream cheese. Served with a toasted bagel and Lemon wedges on a bed of lettuce.

STUFFED CROWN TOMATO

Local vine ripened tomato filled with a generous portion of either our tuna or chicken salad served on a bed of lettuce – with fruit garnish.

Foods from animals such as meat, poultry, fish, shellfish, and eggs when eaten raw or undercooked sometimes contain harmful viruses and bacteria that can pose a risk of food borne illness.

**Splitting a plate is additional. 18% gratuity on parties of six (6) or more.
If you like our food, tell your friends; if you don't, come back, you will get used to it.**